

# 1 : 1 CONSULTING

## RICK MAURER

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**For Leaders Seeking an Honest Sounding Board, Who Brings Experience, New Approaches and Energy to the Discussion**

### ONE-ON-ONE CONSULTING OFTEN INCLUDES:

- ✓ How to use The Energy Bar™ to assess the support or resistance you can expect from important stakeholders.
- ✓ How to bridge the gap between the energy you are likely to get and the energy you actually need.
- ✓ Debrief things you did that either worked surprisingly well – or surprisingly not-so-well.
- ✓ Practice what you plan to do with an individual or group. This is an opportunity to try something out, get my reaction and try again. These private 1:1 conversations can be a good safe way to develop your skills.
- ✓ But this list is just the start. You'll probably bring specific requests and questions to sessions that will keep these sessions rich and practical.

*"I think of you as a "Thought Partner." Remembering our call a few weeks ago, you always show up ready to play with new ideas, bring in your own thoughts and experiences, and toss around what-ifs. You engage creatively and analytically. You also bring relevant history and current events into the discussion, which I find a rare attribute. You're an honest and thoughtful sounding board. You offer critique of the idea while honoring the intention behind it."*

*~ Elizabeth Roll  
Sandia National Labs*

### THREE OPTIONS: SESSIONS ARE DESIGNED WITH YOU AND FOR YOU.

#### SET OF 5-10 SESSIONS

Often, a narrow focus on one particular challenge, allowing us to go deep into support and resistance. Clients also find it helpful to debrief about situations at work, so they can learn from those experiences.

#### RETAINER

Usually, six months with regularly scheduled calls along with the opportunity to call or e-mail me any time with questions or burning issues. My clients seem to appreciate knowing that I am only a phone call (or text) away.

#### ADHOC

One-time ad hoc sessions work best if you are already familiar with my work on resistance and support. I can send you information. Then, we can jump in and use our time together focused entirely on the challenge you want to discuss.

### HOW TO GET STARTED...

Let's talk for a few minutes to see if we are a good fit for each other, or if you have questions, please give me a call. I look forward to hearing from you.